



319-341-2229  
319-354-5781

# July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Stars & Stripes (Coralville)			1 Have a pushup contest!	2	3	4 Come join us at the Coralville 4th of July Parade! (gyms are Closed today)
5 Cheer (Coralville) Oceans of Fun (Iowa City)	6	7	8 Do 50 jump n jacks!	9	10	11
12 Tae-Kwon-do and Gymnastics (Coralville) Heroes to the Rescue! (Iowa City)	13	14	15 Race everyone in your family!	16	17 Open Gym Coralville 5:30-8:30	18 Tops Testing Solon Parade
19 Oceans of Fun (Coralville) Cheer (Iowa City)	20 Pre registration week →	21	22 Go for a family walk!	23	24 Jaly—Hopes Championship	25 Adeline —Secret U.S. Classic <b>Kids Night Out!</b>
26 Ninja Warrior (Coralville) Arts and Crafts Galore (Iowa City)	27 Open registration begins today	28	29 Get out in the water!	30	31	

## Iowa Gym-Nest

2550 Holiday Rd  
Coralville, IA 52241  
(319)341-2229

545 Olympic Ct  
Iowa City, IA 52240  
(319)354-5781

Where every child is  
a champion!



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# August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Fairytles & Pirates Adventures (Coralville) Gymnastics, Tumbling, & Trampoline (IACity)	3	4	5	6	7	8
9 Gymnastics, Tumbling, & Trampoline (Coralville) Holidayze (Iowa City)	10	11	12	13	14	15
16 Dance camp (Coralville) Ninja Warrior (Iowa City)	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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# September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Labor Day Gyms closed	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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