



**KEEPING OUR FAMILIES SAFE & HEALTHY
WHILE OFFERING EXPERIENCES
TO LAST A LIFETIME!**

We are committed to protecting our IGN families and employees by creating a specific guide that will help prevent the spread of disease.

PHASE 1
IGN
First to Return
↓
**JO Girls Team,
Prep, Pre-Team
TOPs Programs**

PHASE 2
IGN
Second to Return
↓
**Boys Team and
XCEL
Programs**

PHASE 3
IGN
Third to Return
↓
**Kindergym &
Recreation
Programs**

PHASE 4
IGN
Fourth to Return
↓
**Camp &
Special Event
Programs**

Iowa Gym-Nest Protocol

Employee Guidelines	<ul style="list-style-type: none"> *Staff will follow illness policy including temperature checks and 24 hour wellness standard *Staff will wash/sanitize hands prior to/at the conclusion of and between classes *Staff will have limited direct physical contact with children (spotting is limited to necessity for safety) *Staff will be diligently trained on procedures and prepared to enforce distancing protocols *Staff will adhere to PPE requirements if set by the Iowa Department of Health *Employee travel will be monitored and isolation following travel will adhere to IDH recommendations
Facility Preparation	<ul style="list-style-type: none"> *IGN Team is on site to disinfect and sanitize in preparation for opening *All surface areas will be disinfected/sanitized multiple times daily once reopened *Hand sanitizer stations will be set up in multiple areas throughout the gyms *Drinking fountains are covered and will not be available; personal water bottles are encouraged *Pits have been cleaned and disinfected
Entering the Building	<ul style="list-style-type: none"> *Door Drop off/Pick Up encouraged; No more than 1 adult per child may enter the building *Temperature check of students; athletes who appear ill or who have a temperature over 100 will be sent home *Any one entering the building will be required to sanitize hands
Traffic Flow	<ul style="list-style-type: none"> *Team athletes will use a door directly to the gyms to avoid congestion in the lobbies
Physical Distancing	<ul style="list-style-type: none"> *Recreation students and parents will follow the marked traffic patterns for entering & exiting the buildings
Facility Ratio	<ul style="list-style-type: none"> *Parents are asked to view activities via the video stream (once available), rather than in person *Parents will follow the marked distancing guidelines to stay at least 6' apart
Prior to Class	<ul style="list-style-type: none"> *Students will have a minimum of 36 square feet each, to maintain appropriate physical distancing *Students must adhere to the IGN illness policy and 24 hour wellness standard *Students who appear ill or have a temp over 100 will be sent home *Staff will sanitize equipment, entrance & exit points, and viewing areas *Students should use the restroom at home and try to minimize bathroom use at the gyms
During Class	<ul style="list-style-type: none"> *Students will sanitize hands after every rotation & wash hands after using the restroom *Lesson plans will be modified to omit partner activities *Lesson plans will be modified to limit the use of props. Props will be sanitized after each student's use *Stations and activities will be modified to allow safe distance between children *There will not be common chalk or spray bottle useage. Team athletes (& students who choose to use chalk) will keep chalk in their own personal, labeled container and use their own personal spray bottle *Personal items such as grips will be kept in a labeled zip lock bag
After Class	<ul style="list-style-type: none"> *Team athletes and rec students will exit from separate doors *When possible, parents will pick students up at the entrance; IGN will provide a lobby monitor to facilitate this *Staff will begin disinfecting all areas used to be ready for the next group of students